



Robert J. Cooper, Jr.
Business Manager

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President-Organizer

Dear Participant:

The Sprinkler Fitters Fund Office has partnered with Health Gauge to provide a healthcare screening at NO COST TO YOU.

Who is eligible to participate?

All eligible NASI Welfare Fund Participants, eligible spouses, and dependents (18 years of age and older), and eligible NASI Welfare Fund retirees and beneficiaries (both pre-Medicare and Medicare)

Dates & Locations

Wed, Sept 10 th , 2025	2:00 PM – 8:00 PM	Sheraton Nashua	11 Tara Blvd Nashua, NH 03062
Thurs, Sept 11 th , 2025	2:00 PM – 8:00 PM	550 Union Hall	46 Rockland St West Roxbury, MA 02132
Fri, Sept 12 th , 2025	2:00 PM – 8:00 PM	550 Training Facility	195 Libbey Industrial Pkwy, Weymouth, MA 02189
Sat, Sept 13 th , 2025	8:00 AM – 3:00 PM	550 Training Facility	195 Libbey Industrial Pkwy, Weymouth, MA 02189
Sun, Sept 14 th , 2025	8:00 AM – 12:00 PM	550 Training Facility	195 Libbey Industrial Pkwy, Weymouth, MA 02189

How do I participate?

Step 1: Call 515-244-3080 to schedule your health screening appointment.

Or schedule online at <http://NASI.hgscreenings.com/>

Step 2: Attend your onsite health screening at the scheduled time.

IMPORTANT: Fasting is OPTIONAL - NOT required.

Step 3: Ultrasound Results will be provided the day of the event. Bloodwork and Biometric Reporting will be available within 10-14 business days.

What should I expect the day of the screening?

Screenings will be completed in under an hour. When you arrive at the screening, you will be greeted by a Health Gauge staff member. The staff member will check you in. The confidential health screening will include biometrics, such as height, weight, waist and hip measurements, resting pulse, and blood pressure. Non-invasive ultrasound screenings will be performed to identify blockages in the neck, abdomen, and legs. These blockages can lead to stroke and various cardiovascular conditions that can be life threatening and debilitating if left undetected and untreated. Additionally, a comprehensive blood draw will be completed.

These tests are not meant to replace your Primary Care Physician, but are meant to improve communication with your Physician at your next appointment.

The Fund Office sincerely hopes the program will provide convenient access that will allow you to take advantage of this benefit.

Please refer to the attached informational flyer to obtain more details or simply contact Health Gauge at (515) 244-3080 for additional information.

Road Sprinkler Fitters Local Union No. 669

7050 Oakland Mills Road • Suite 200 • Columbia, Maryland 21046
(410) 381-4300 • fax: (301) 621-8045 • www.sprinklerfitters669.org



SPRINKLER FITTERS 550 HOSTS SCREENING TO DETECT YOUR RISK FOR STROKE AT NO COST!!

PLAN PARTICIPANTS, SPOUSES, ELIGIBLE DEPENDENTS 18 OR OLDER screen FREE!
(including all eligible NASI Welfare Fund retirees and beneficiaries (both pre- Medicare and Medicare))

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Nashua, NH 03062

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Trent Porter - NASI Local 550 Member

My wife and I are new to the union. If not for joining local 550 and being provided the health fair services, I wouldn't have been alerted to my cancer. Because of how early it was detected I had surgery to remove 1/2 of my thyroid, and have been cancer free for almost a year. We came to the health fair in 2021 and were in and out in under an hour. The nurses were professional and very thorough. They explained the ultrasound findings and we left with our results that day. Make sure you participate at the next health fair. It's quick, easy, and very well may save your life as it did mine!



SCAN ME

To make an appointment (required):

Call 515-244-3080 or visit:

<https://NASI.hgscreenings.com/>

See reverse for a description of the screenings offered!



ULTRASOUND OF
ARTERIES & VESSELS



BLOOD DRAW



BIOMETRICS



COMPREHENSIVE
HEALTH ASSESSMENT

TO SCHEDULE, CALL 515-244-3080 OR GO ONLINE TO <https://NASI.hgscreenings.com/>



YOUR HEALTH IS OUR PRIORITY

FASTING IS OPTIONAL NOT REQUIRED!

CARDIOGAGUE

Carotid Artery

Visualizes the buildup of fatty blockage in the carotid arteries. This condition causes the majority of strokes.

Peripheral Artery Disease (ABI)

Checks for blockages in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral arterial disease

Abdominal Aortic Aneurysm (AAA)

Visualizes the existence of an aneurysm in the abdominal aorta, that can rupture and be fatal.

BIOGAUGE

Height/Weight

Hip/Waist Circumference

Body Mass Index

Blood Pressure/ Pulse

Lipid Panel with Glucose

Full Chemistry Panel

Hemoglobin A1c

Prostate Specific Antigen (PSA) Men

Thyroid Stimulating Hormone (TSH)

ColoGauge Fit Test

At home test kit that screens for hidden blood in the stool; early detection of colon cancer or polyps



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